



**PRESTON BROWN  
FOUNDATION**  
PRES  FORWARD

# **RALLY CHAMPS**

**Youth Mentoring Program**

[www.PrestonBrownFoundation.org](http://www.PrestonBrownFoundation.org)



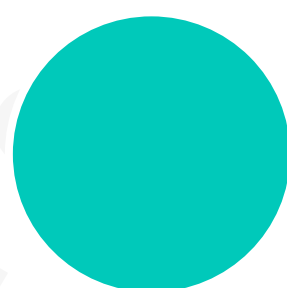
**PRESTON BROWN  
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# RALLY CHAMPS

## Youth Mentoring Program

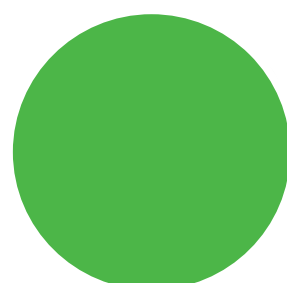
A unique mentoring program that matches students with caring adults who invest their time to develop a positive relationship with a deserving student, to be present at activities providing praise, and encouragement. Studies show relationships with caring adults is the primary protective factor of youth mental health.

# JOIN US!



### Make An Impact

Through mentoring promote & witness the growth, self-confidence, and achievement of the youth you mentor, while experiencing the joy of making a difference in their lives. (ie. event-day support, tutoring, personal guidance, etc)



### Learn And Grow

Mentoring is a two-way street - you'll learn from the unique perspectives of the youth, gaining new insights and personal growth.



### Personalized Matches

Our program carefully matches mentors with youth based on common interests, skills, and compatibility, creating the best possible partnership.

**CONTACT US TO BECOME A  
PARTICIPATING SCHOOL**

See contact info on the other side of this one-pager

See the other side for next steps...



# RALLY CHAMPS

## Youth Mentoring Program

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#### Sense of Belonging Activity

Engaging their personal interest, quality time, "just because" activities, etc

#### Community Engagement Activity

neighborhood clean up and/or task help, brown bag meals for the unhoused, etc

#### Overall Well Being Activity

Yoga, fitness activities, emotional and mental health support groups, etc

#### General Social Engagement Activity

Activities engaging other mentors and mentees, group outings, etc

## Program Calendar

Mentors are expected to engage their mentee at least 3-hour per month. The following calendar provides a guide of types of activities to participate in to contribute to the overall health and well being of the mentee. The Preston Brown Foundation staff will plan periodically plan an activity for all to join and feel free to use this guide to engage your mentee outside of the group events.

Volunteer Onboarding  
&  
Youth Participant Recruitment

Sense of Belonging Activity

Community Engagement Activity

Overall Well Being Activity

General Social Engagement Activity

Sense of Belonging Activity

Community Engagement Activity

General Social Engagement Activity

Overall Well Being Activity

Sense of Belonging Activity

Program Year Conclusion

# INTERESTED IN BECOMING A RALLY CHAMP MENTOR?

## MENTOR & MENTEE EXPECTATIONS

### Mentor Expectations

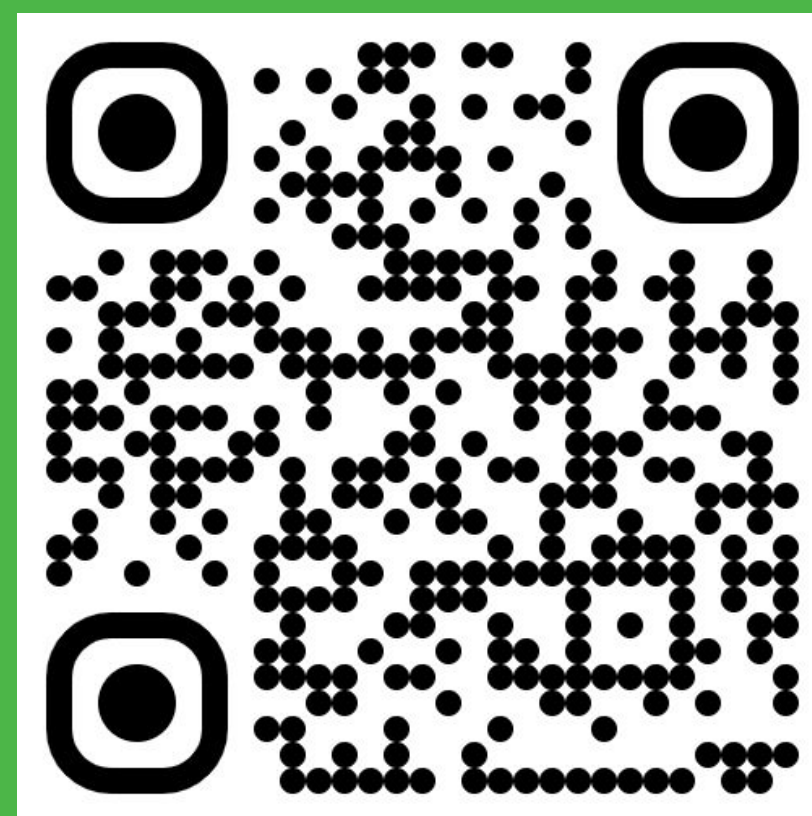
- Ages 16+ years of age
- Minimum of 3 hours per month engaging mentee
- Commitment to mentor for an entire academic year (August - June)
- No criminal offenses including but not limited to...
  - Child Abuse
  - Domestic Violence
  - Drug Offenses
  - DUI
  - Excessive Driving Offenses
- Log all activities and engagement
  - A system will be provided
- Voluntary participation in periodic surveys to assess program impact

### Mentee Expectations

- Ages 9 - 18 yrs old
- Consistent to all agreed upon activities and engagements
- Consistent commitment to extracurricular activities' expectations
- Minimum of 3 hours per month engaging mentee
- Commitment to mentor for an entire academic year (August - June)
- Voluntary participation in periodic surveys to assess program impact

## NEXT STEPS FOR MENTORS

Join today by scanning the qr code below to start your application in the Cincinnati Youth Collaborative Mentoring Assistance Platform



After creating a new account...

- Click “DASHBOARD” in the menu to begin the application and onboarding process
- Once you’ve completed the application, you’ll receive an email confirming your application, then a call from us at Rally Champs to schedule your orientation.

For more information, feel free to contact us.

**Paige Brown**

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